

2016 - 2017 CITY OF PARMA ICE SKATING PROGRAM REGISTRATION



(SESSION WILL CONSIST OF SIX (6) LESSONS OVER A SIX (6) WEEK PERIOD)
PROOF OF RESIDENCY REQUIRED - (i.e. CURRENT UTILITY BILL and a DRIVERS LICENSE)
 RESIDENTS OF THE CITY OF PARMA WILL BE SERVED FIRST
 ALL NON-RESIDENTS WILL BE REGISTERED ONLY IF CLASS OPENINGS ARE AVAILABLE
 THERE WILL BE A QUESTION AND ANSWER PERIOD BEFORE / AFTER EACH REGISTRATION

1st SESSION REGISTRATION
 (Classes: September 6 - October 18, 2016)

TUESDAY AUGUST 30th
 WEDNESDAY AUGUST 31st

2nd SESSION REGISTRATION
 (Classes: October 25 - December 3, 2016)

TUESDAY OCTOBER 18th
 WEDNESDAY OCTOBER 19th

◆ HALLOWEEN COSTUME NIGHTS PARTY TBA

◆ HOLIDAY SKATE/EXHIBITION TIMES AND PARTY TBA

LTS IS OFF THE WEEKS OF DECEMBER 5th - JANUARY 2nd FOR THE HOLIDAYS
 WITH THE EXCEPTION OF THE SKATE WITH SANTA EVENT AND REGISTRATION
 CLASSES RESUME TUESDAY, JANUARY 3, 2017

Based on the success of previous ice shows, participation from everyone is encouraged.
 If you wish to participate in this year's shows, please be advised that ALL practices
are considered mandatory and there may be fees associated with the show.
 We reserve the right to exclude any one missing a show practice session.

3rd SESSION REGISTRATION
 (Classes: January 3 - February 11, 2017)

TUESDAY DECEMBER 6th
 WEDNESDAY DECEMBER 7th

◆ VALENTINE'S DAY EVENT TENTATIVELY FRIDAY, FEBRUARY 12, 2016 (TIMES TBA)

4th SESSION REGISTRATION
 (Classes: February 21st- April 1, 2017)

WEDNESDAY FEBRUARY 15th

◆ END OF SEASON EXHIBITION/PARTY DATE AND TIME TBA

ALL REGISTRATIONS WILL BE HELD AT:
 CITY OF PARMA RECREATION DEPARTMENT
 7335 RIDGE ROAD • PARMA, OH 44129
 7:00 - 8:00 P.M.

FOR MORE INFORMATION CALL: (440) 885-8870
ONLINE REGISTRATION
activenet.active.com/parmarec

*Please be advised that you will need to know the correct skill level of the skater when registering online.

PLEASE SEE REVERSE SIDE FOR CLASS DATES AND TIMES
 SAVE THIS FLYER FOR FUTURE REFERENCE!

**THE CITY OF PARMA STAFF &
MAYOR TIM DEGEETER
WELCOME YOU TO OUR
ICE SKATING PROGRAMS
AT THE
MICHAEL A. RIES ICE RINK**



PROGRAM DESCRIPTIONS

	Parma Residents	Seven Hills Residents	Non-Residents
TINY BLADES PROGRAM (SNOWFLOW SAM) This program is designed for beginning skaters ages four, five, and six. They will learn how to skate forward, backward, and execute simple maneuvers. Skaters will have a half hour of instruction. Tiny Blades classes offer a combined system of ribbons and badges as incentives for skaters.	\$40.00	\$45.00	\$50.00
LEARN TO SKATE (BASIC SKILLS 1 - 3)	\$40.00	\$45.00	\$50.00
ADVANCED LEARN TO SKATE (BASIC SKILLS 4 - 8 and FREE SKATE 1 - 6) These programs will enable a child, age six and older, to achieve beginning through more advanced skating skills. Classes are designed to keep skaters enthusiastic while reaching their goals. Skaters must pass all Basic Skills elements before graduating to Free Skate.	\$45.00	\$50.00	\$55.00
YOUNG BLADES/INTRO TO SYNCHRO & POWER & FIGURES Is an intro to our junior club program, which may include but is not limited to elements from Basic 7/8 - Freestyle levels, power skating moves in the field, with some intro to synchronized skating and figures/edges. This is designed for advanced skaters as an extra time in addition to their regular lesson for practice. Also for skaters who have reached Freestyle levels but are not at the commitment level for Junior Club. These classes are meant to coincide with each other for the highest benefit to the skater.	\$40.00	\$45.00	\$50.00
JUNIOR CLUB (Synchronized Skating Group - Beginner Competitive Levels) This is an exclusive program that encompasses principals of advanced learn to skate with an intro into competitive figure skating. It also focuses on utilizing learned skills in more of a group environment with a strong emphasis on synchronized skating. This is designed for the more committed skater (in addition to their regular group or private lessons) as a transition into more serious aspects of the sport. Must have passed USFS moves in the field tests. The program director's approval and a small try-out are mandatory!	\$50.00	\$55.00	\$60.00
ADULT LEARN TO SKATE (ADULT 1 - 4) This program is designed for the beginning adult skater. Classes will promote physical fitness, and improve balance while learning proper skating techniques.	\$40.00	\$45.00	\$50.00

CLASS SCHEDULES:

Tuesdays

6:15 pm - 6:45 pm (Tiny Blades)
6:45 pm - 7:15 pm (Learn to Skate/Adults LTS)
7:15 pm - 8:00 pm (Advanced LTS)
8:00 pm - 8:30 pm (Young Blades 1 - Intro to Synchro/
Dance & Artistry/extra practice Freestyle 1-6)

Fridays

4:15 pm - 4:45 pm (Learn to Skate/Intro to Figures)
4:45 pm - 5:15 pm (Tiny Blades/Adult LTS)
5:15 pm - 6:00 pm (Advanced LTS)
6:00 pm - 7:00 pm (Junior Club)

Wednesdays

4:45 pm - 5:15 pm (Tiny Blades)
5:15 pm - 5:45 pm (Learn to Skate)
5:45 pm - 6:30 pm (Advanced Learn to Skate)
6:30 pm - 7:00 pm (Young Blades 2 - Intro to Moves/Power/
Edges extra practice Freestyle 1-6)

Saturdays

8:30 am - 9:00 am (LTS Practice Ice Session)
9:00 am - 9:30 am (Tiny Blades)
9:30 am - 10:00 am (Learn to Skate/Intro to Figures)
10:00 am - 10:45 am (Advanced Learn to Skate)

GENERAL GUIDELINES

1. Parma's Skating Program will be registered with the United States Figure Skating Association (USFSA). There is a USFSA fee per season and is encouraged when enrolling for your first class session. This is a yearly fee that covers each skater and a booklet to track progress is also included.
2. A handout explaining the USFSA guidelines and membership will be provided at the time of your first Skating Registration. Equipment recommendations will also be listed on this handout.
3. Attendance will be taken each week. There will be NO MAKE-UP CLASSES!
4. **NO REFUNDS** will be made except upon application for medical reasons on a pro-rated basis.
5. Your individual registration is not transferable to another lesson time or person.
6. Each skater will receive an evaluation at the end of each term tracking the skaters progress. It may also include feedback about elements they may need to improve on.
7. SNOW POLICY: If Parma City Schools are closed, call the City of Parma Recreation Hotline at 440-962-0200 after 3:00 pm for official updates on that evening's program.
8. **Parents must observe from the LOBBY ONLY, from weeks one through five to minimize distractions. Parents are welcome in the bleachers around the ice rink during the sixth and final week of each session.**

EQUIPMENT

Rental skates are available for \$4.00 per lesson. Skates should have a snug/supportive fit and be made of firm material to help support the ankle and typically should be one size smaller than the shoe size. Skaters should wear warm gloves, jacket or sweater, and a hat. Try to arrive 15 minutes before class begins to put on skates and outerwear.

If you have any questions regarding skates, ask your skating instructor for recommendations.