GIRLS VOLLEYBALL RULES 2015

ORGANIZATIONAL MEETING, TUESDAY, SEPT. 22nd @ 6:30 P.M. PARMA RECREATION DEPT. 7335 RIDGE ROAD

High School rules apply unless otherwise noted:

1. All matches will consist of 4 games – **first team to reach 15 points wins a game/rally scoring will be used. (team does not need to win by 2 points)**

2. **No server** may serve more than **5 consecutive points.**

3. Players must rotate out after the serve (new sub comes in for server after the serve is over and takes middle position in back line).

4. No standings will be kept. No awards will be given.

5. Server may move up to first dash **if necessary** – this can be over ruled by the official if the server is strong enough to serve from regular serve line.

6. Server has 5 seconds to serve after the whistle.

7. All available subs must rotate in unless player is being disciplined. Opposing coach and referee must be notified of any player in uniform that will not be playing. All players must rotate in the same order throughout the game.

8. Team can begin with 5 players but **cannot** finish with less than 5 players.

9. As a **recreational league**, the official will only call the **most obvious** "carry" or "lift" – most of these types of infractions will not be called but the official and/or coach should bring it to the player's attention.

10. Teams will alternate sides of the court each game – only players and coaches will be allowed on the sidelines.

11. Teams are discouraged from over zealous chants or cheers – especially if directed at opposing players.

12. Balls off the ceiling **can be played** on the hitter's side of the court.

13. No jewelry, metal hairclips, or gum.

14. You must bump the serve (no hand set or spiking the serve).

15. No warm-ups outside of the gym.

16. Players are responsible for having their own kneepads.

All GAMES WILL BE PLAYED @ THE PARMA COMMUNITY SCHOOL, 5983 WEST 54TH STREET