

# 6<sup>th</sup> Annual Parma Run/Walk for Pierogies

5K Run/Walk and 1 Mile Fun Walk

Saturday, July 2, 2016 - 8:30 am

Tri-C Western Campus - 11000 Pleasant Valley Road



*Chip Timed Race!!*

*First 600 pre-registered are guaranteed a t-shirt.  
All will receive post-race pierogies, drinks and snacks!!*



**5K Award Age Groups:** Top overall male and female and 11 and under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70 Over - Pierogie awards to top three male and female finishers in each division.

*Register 3 or more from the same address for \$50 (limit 3 t-shirts/goodie bags)\*.*

*\*Mail in registration only for the family package. Extra shirts may be purchased for \$10.*

Mail entries must be received by Wed., June 29.

Make checks payable to: Hermes Sports & Events

2425 W. 11<sup>th</sup> Street, Cleveland, OH 44113

*\*Pre-Registration \$20*

*\*Day of Registration \$25*

*\*Ages 11 and Under: \$10*

Register online at: [www.hermescleveland.com](http://www.hermescleveland.com)

Online registration closes Friday, July 1 at 9:00 am.

**On-Site Registration/Check-In:**

7:00 am - 8:15 am

Race Coordinator: Parma Council President Sean Brennan: (440) 885-8091 [councilmanbrennan@sbcglobal.net](mailto:councilmanbrennan@sbcglobal.net)

**Proceeds benefit the Parma Charitable Fund, Honor Flight Cleveland and Tri-C Scholarships!**

## Run/Walk for Pierogies

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Race Day Age: \_\_\_\_\_; Gender: M F

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State and Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Signature (Parent/Guardian, if under 18): \_\_\_\_\_

**Shirt Size:** YS YM YL S M L XL XXL **Circle One:** 5K Run, 5K Walk or 1 Mile Walk



I hereby understand that upon my entry into the Race for Pierogies 5K race/walk or 1 mile fun walk, I waive any and all claims for damages that I may have against University Hospitals, Cuyahoga Community College, the American Cancer Society, All Faiths Pantry, the City of Parma, the Parma Charitable Fund, Hermes Sports & Events, promoters, sponsors or anyone involved in the production of this race, regarding any and all injuries suffered by me while running, traveling to and from, or participation in this event, for myself, my heirs and/or assignors. I also understand that refunds will not be available for entry fees.