

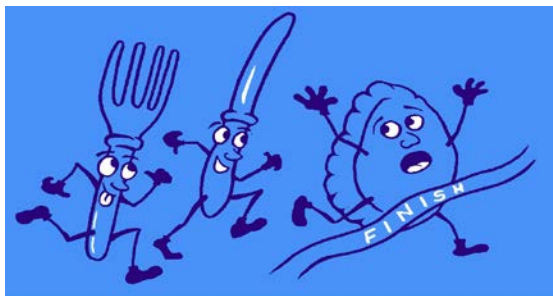
5th Annual Parma Run/Walk for Pierogies

5K Run/Walk and 1 Mile Fun Walk

Sponsored by University Hospitals Parma Medical Center

Sunday, July 5, 2015 - 8:30 am

Tri-C Western Campus - 11000 Pleasant Valley Road



*First 600 pre-registered
are guaranteed a t-shirt.
All will receive post-race
pierogies, drinks and snacks!!*

Mail entries must be received by Wed., July 1.
Make checks payable to: Hermes Sports & Events
1624 St. Clair Avenue, Cleveland, OH 44114



*Pre-Registration \$20
*Day of Registration \$25
*Ages 11 and Under: \$10

Register online at: www.hermescleveland.com
Online registration closes Thursday, July 2 at 9:00 am.

On-Site Registration/Check-In:
7:00 am - 8:15 am

Race Coordinator: Parma Council President Sean Brennan: (440) 884-0489 councilmanbrennan@sbcglobal.net

5K Award Age Groups: Top overall male and female and 11 and under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and Over - Pierogie awards to top three male and female finishers in each division.

Register 3 or more from the same address for \$50 (limit 3 t-shirts/goodie bags).*

**Mail in registration only for the family package. Extra shirts may be purchased for \$10.*

5k run is a Chip Timed Race!!

Proceeds benefit the American Cancer Society Parma Area Relay for Life, All Faiths Pantry, Parma Animal Shelter, Parma Girl Scouts, Parma Adult Basic Literacy Education and CCC Scholarships.

Run/Walk for Pierogies

First Name: _____

Last Name: _____

Race Day Age: _____; Gender: M F

Date of Birth: _____

Address: _____

City: _____

State and Zip: _____

Phone: _____

E-Mail: _____

Signature (Parent/Guardian, if under 18): _____

Shirt Size: YS YM S M L XL XXL Circle One: 5K Run, 5K Walk or 1 Mile



Pierogies Courtesy of:
LITTLE POLISH DINER
5772 Ridge Road, Parma
KRAKOW DELI
5767 Ridge Road, Parma
PERLA HOMEMADE DELIGHTS
5380 State Road, Parma



I hereby understand that upon my entry into the Race for Pierogies 5K race/walk or 1 mile fun walk, I waive any and all claims for damages that I may have against University Hospitals, Cuyahoga Community College, the American Cancer Society, All Faiths Pantry, the City of Parma, Hermes Sports & Events, promoters, sponsors or anyone involved in the production of this race, regarding any and all injuries suffered by me while running, traveling to and from, or participation in this event, for myself, my heirs and/or assignors. I also understand that refunds will not be available for entry fees.