



FOR IMMEDIATE RELEASE
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Contact: Jeannie Roberts, City of Parma
(440) 885-8181
Mark White, Parma Hospital
(440) 743-4588

City of Parma, Parma Hospital partner on City's second outdoor fitness trail

PARMA, OH -- The second outdoor physical fitness exercise path in the City of Parma has been installed at James Day Park. The project is the result of a partnership between the City and Parma Community General Hospital. Ribbon cutting for the path is scheduled for Tuesday, Oct. 8 at 2:30 p.m. at the park on Pleasant Valley Road.

The specially made outdoor exercise equipment was manufactured by Greenfields Outdoor Fitness and was purchased through Snider & Associates in North Royalton. Parma Hospital funded the purchase of the equipment by the City at a cost of approximately \$25,000; the equipment was subsequently installed by City workers on a newly paved path at Day Park.

"Our administration has placed a high priority on quality of life issues since Day One," Mayor Tim DeGeeter said. "We have an outstanding Recreation Department, and adding this exercise path just makes it that much better. We hope the path will get good use by Parma and area residents."

"Providing high quality health care for our community extends well beyond Parma Hospital's doors or a doctor's office," said Terrence G. Deis, President and CEO of Parma Community General Hospital. "We want members of our community to live healthy, active lifestyles so we are very proud to partner with the City on this wellness project that allows for easy participation," he adds.

Mickey Vittardi, Director of the Parma Recreation Department, said plans for this exercise path have been in the works for more than a year. “We’re very excited to have this new addition to our recreation offerings to area residents,” he said. “This is will enable parents to get some workout time in while their kids are enjoying the nearby playground and pool.”

Hospital officials are hoping to introduce a walking program in the spring, and are also hopeful that the additional outdoor fitness path will spur interest among community walking groups.